

News Release



FOR IMMEDIATE RELEASE

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**Calling All Food Lovers & History Enthusiasts...
Friends of Sutter's Fort & Slow Food Sacramento Present
2nd Annual "A Taste of History" on September 24
*Unique Culinary Experience Includes Four-Course Sit-Down Dinner
Prepared by Sacramento's Top Chefs***

SACRAMENTO, Calif. – After a successful inaugural effort in 2010, Friends of Sutter's Fort in association with Slow Food Sacramento proudly present the second annual "A Taste of History" fundraising event on Saturday evening, September 24. "A Taste of History" offers guests a unique culinary experience that includes a four-course, sit-down dinner amid a beautiful setting inside the walls of Sutter's Fort State Historic Park (SHP). The highlight of the memorable event is a specially designed menu designed to showcase meals reminiscent of those enjoyed when John Sutter founded Sutter's Fort in 1839. Many historic recipes will be re-invented with today's innovative techniques and vibrant local ingredients.

When they first arrive, "A Taste of History" guests will be treated to scrumptious appetizers while enjoying local wine and beer tastings. New this year, guests will have the opportunity to watch and interact with chefs as they prepare their culinary creations in period facilities such as outdoor fire pits or in the historic kitchens and on-site bakery. With local wines and beer paired with the various courses, the inspired dishes will be created by chefs from popular restaurants such as **Café Vinoteca, Ella Dining Room and Bar/The Kitchen, Mulvaney's B&L, Spataro and Ten22 Restaurant**. In addition, the meals will be served by talented volunteers from Plates Cafe & Catering, a special endeavor launched by St. John's Shelter Program for Women & Children.

With an international flair representative of the types of music enjoyed by emigrants who first came to Sutter's Fort, live acoustic music will entertain guests and set a lively and festive mood throughout the culinary experience and silent auction. At the close of the evening, each participant will each receive a goodie bag that includes a keepsake program with the historic recipes and today's adapted recipes.

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For More, Visit www.parks.ca.gov/CapitalDistrict

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The special fundraising event “A Taste of History” begins at 6:30 p.m. with dinner served at 7:30 p.m. Tickets for “A Taste of History” are limited and cost \$75 per person if purchased by September 2 or \$85 for tickets purchased September 3 or later. For information about donating silent auction items or purchasing tickets to “A Taste of History,” visit www.suttersfort.org or call 916-323-7626.

“A Taste of History” is a fundraising event that benefits Sutter’s Fort SHP and would not be possible without the generous contributions provided by the following businesses and organizations: Bogle Vineyards, Boeger Winery, Café Vinoteca, California State Parks, Ella Dining Room and Bar/The Kitchen Restaurant, Midtown Business Association, Mulvaney’s B&L, Plates Café & Catering, Rail Bridge Cellars, River City Brewing Company, Sacramento Municipal Utility District (SMUD), Slow Food Sacramento, Spataro, Ten22 Restaurant, The Sutter District and Whole Foods Market.

About Sutter's Fort State Historic Park

Operated by California State Parks with financial assistance from the nonprofit Friends of Sutter's Fort, Sutter's Fort State Historic Park is open daily from 10 a.m. to 5 p.m. Located in midtown Sacramento on L Street between 26th and 28th Streets, the Fort offers special events, Living History and Demonstration Days programs throughout the year. Established in 1839 by Swiss immigrant John Augustus Sutter, Sutter's Fort was at the center of a flourishing agricultural empire named New Helvetia (New Switzerland.) This empire established Sacramento's earliest settlement and the first European settlement in California's Central Valley. For more information, call (916) 445-4422 or visit www.parks.ca.gov/SuttersFort

About Slow Food Sacramento

Slow Food Sacramento is the Sacramento region's chapter of Slow Food USA. The active organization hosts a wide range of educational and convivial events throughout the year to showcase producers and creators of some of the region's outstanding foods, farms and restaurants in an effort to champion locally and sustainably produced vegetables, fruits, wines, meats and cheeses. For more information, visit www.slowfoodsacramento.com